

# GONE FISHING, RACING, ON SAFARI

So many interests, so little time seems to be the cry of fathers across Australia these days. However, Angus & Robertson is giving them the opportunity to indulge in all of their favourite hobbies for Father's Day, without even leaving the home.

Angus & Robertson is hosting a national competition encouraging families to email in a photograph of their father, husband or even grandfather taking part in their favourite hobby. This simple act could win fathers an exclusive Father's Day book hamper with ten new books, many signed by the authors.

According to an Australian Bureau of Statistics report on leisure, men and women only spend about 20 minutes per day on hobbies on average. The report also stated that if they were parents, they had even less free time, spending as little as 12 minutes a day on hobbies. (ABS - How Australians Use Their Time, 2006)

RED Group Retail Managing Director, Dave Fenlon, said, "This is a tragedy of modern day living. There are so many pressures. Father's Day is a great time to try and relieve some of that pressure and to show appreciation as well. It might not be practical to indulge in many of the activities which require holiday time such as fishing trips or overseas travel, but that doesn't mean father's have to miss out altogether. Books offer a fantastic way to lose yourself in whatever your favourite pastime is, and without breaking the bank."

Author Tony Park is one of the lucky ones who indulges his favourite hobby for six months of the year. Tony heads to Africa and travels by Land Rover and sleeps in a tent as he researches his fiction novels. His latest release, Ivory, is one of the titles making up the exclusive hamper allowing fathers to take an incredible journey into the heart of South Africa on

the trail of elephants.

"Enjoying the great outdoors is one of my absolute favourite pastimes and I'm lucky enough to be able to do it on a regular basis. It wasn't always that way however. I've been in PR and journalism for some time and the only way I could find to indulge my hobby was to open a good book and read about other outdoor adventures. I hope Ivory offers fathers the same sort of escape I used to seek."

Allan Pease is an expert on body language and human behaviour. His latest book, Why Men Want Sex & Women Need Love is a perfect gift for those fathers who enjoy trying to unravel

their husband or father for his opinion on the advice in the book. That way he feels as if he is giving advice, not being offered it. It's just another one of our male differences."

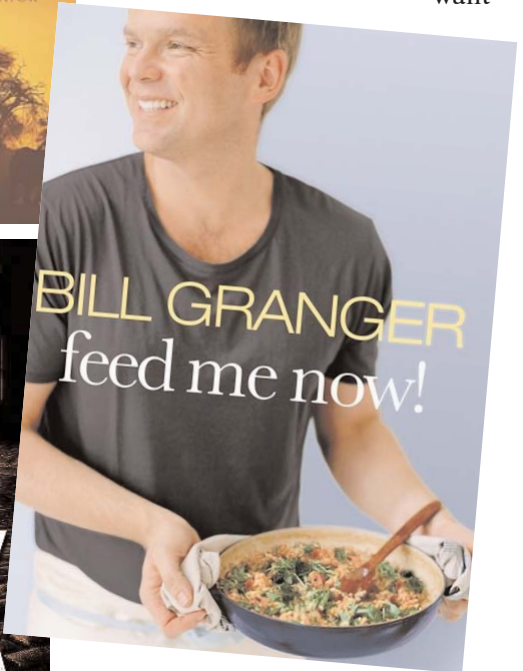
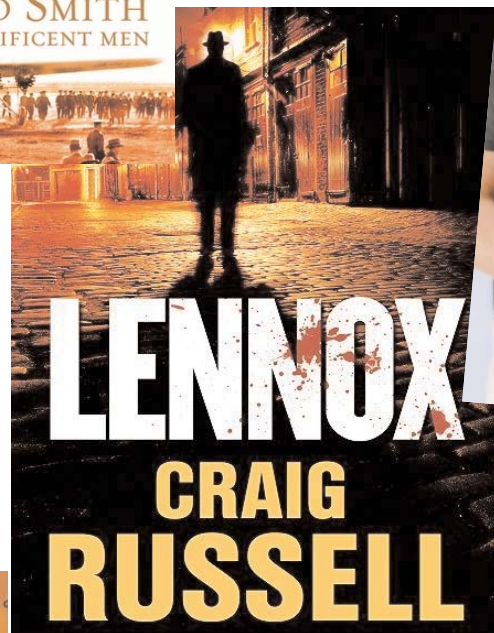
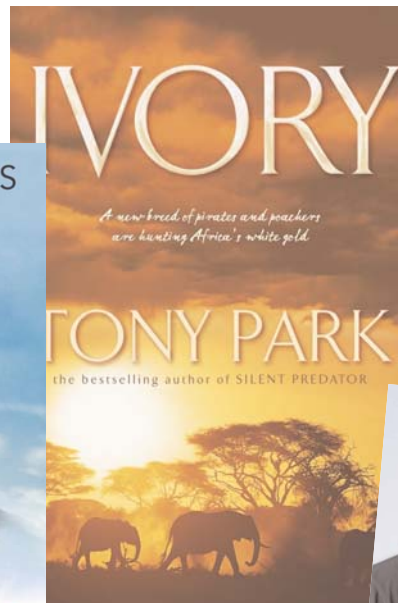
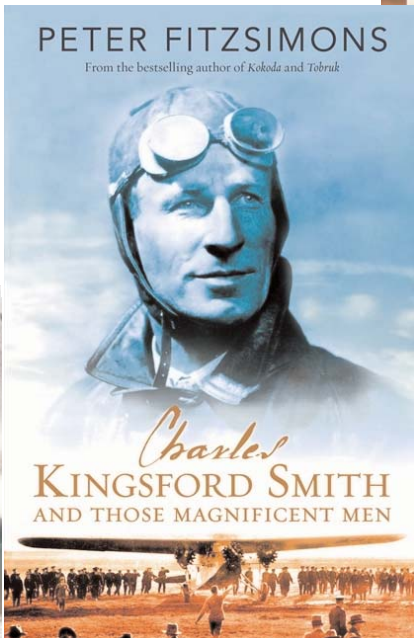
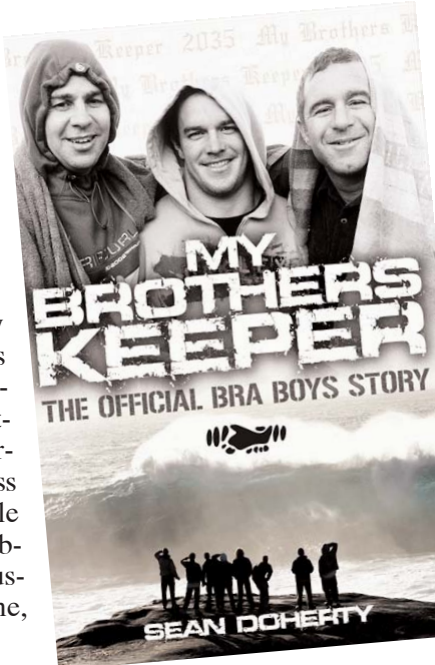
Triple M radio personality, comedian and author of Holden vs Ford Steve Bedwell recalls some of his fondest memories as he shared time with his father indulging their hobby interest.

"When my father and I spent quality time together it was usually leaning

teeth. This was hilarious for whichever one of us wasn't the victim. Time with Dad under the bonnet was always accompanied by skinned knuckles, mechanical ineptitude and swearing; lots of swearing. But there was something about the two of us, one catching a glance of the other as we stood bent over each side of the engine bay that always made me smile. And now that Dad is no longer here, that time we spent, just the two of us, makes me smile even more."

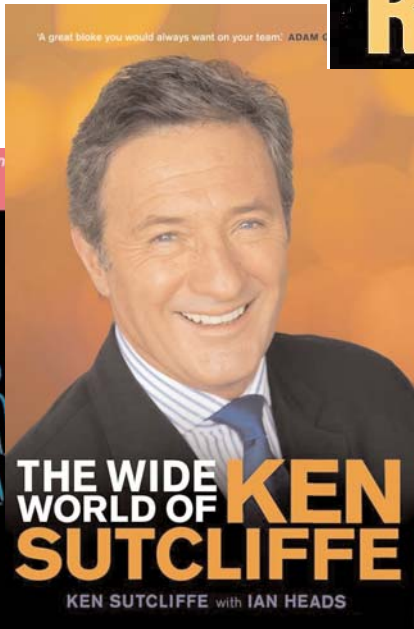
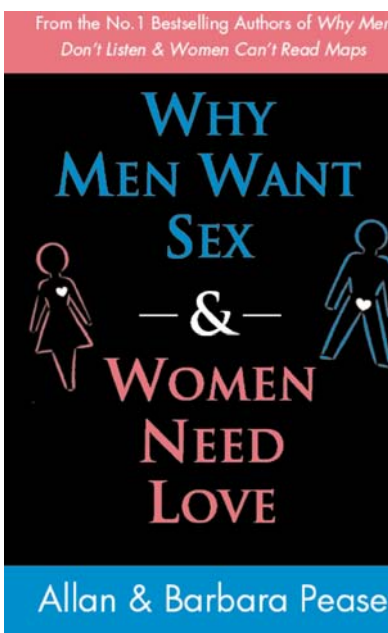
Holden vs Ford is included in the Angus & Robertson competition prize hamper.

Dave Fenlon went on to say, "Every hobbyist appreciates stories about their favourite pastime. It can even be a great way to learn more about new hobbies. Books provide a fantastic opportunity to escape into a world where you can do what you want to do when you want



some of life's greatest mysteries.

"When it comes to men or fathers and relationship advice, it's tricky because men don't want to be offered advice, they take it as an insult - or that he's not OK the way he is. In fact 90% of relationship books are bought by women. So if any woman is thinking of giving this kind of advice for the father in their family this year, I would recommend



they buy a relationship book for themselves, and then ask

into the engine bay of the car, bent at the waste with the bonnet open and hovering waiting for an inattentive head to be thrust skyward and into its waiting metal

to. What father wouldn't want that?"

All people have to do to win this great package is send in a photograph of their father, husband, brother or even grandfather indulging in their favourite pastime. Send it to publicity @angusrobertson.com.au, and they could win the Father's Day Hamper of books, many signed by the author. Competition closes on Father's Day - Sunday 6th September.

## Hamper includes:

- Ivory - Tony Park
- Holden Vs Ford - Steve Bedwell (Book ordered)
- Why Men Want Sex And Women Need Love - Allan & Barbara Pease
- Wide World Of Ken Sutcliffe
- Lennox - Craig Russell
- My Brothers Keeper- Sean Doherty
- Crossing the ditch- James Castrission
- Charles Kingsford Smith- Peter Fitzsimons
- Feed Me Now! - Bill Granger
- The Australian Beer Companion - Willie Simpson